

## Writing to your local candidate - Money and Mental Health's manifesto

Thank you for taking the time to write to your local candidate to share Money and Mental Health's election manifesto. Please feel free to use the text below as a template for your email or letter. If you don't know who your local candidates are, you can find out using the website [Who Can I Vote for](#).

### Template letter

Dear [LOCAL CANDIDATES NAME],

As someone who lives locally, I am writing to you ahead of the general election to raise an issue which is important to me. More than **1.5m** people in England alone are currently trapped in a vicious cycle of financial difficulty and mental health problems, and many are missing out on the support they need.

The [Money and Mental Health Policy Institute](#) (an independent charity set up Martin Lewis), has released a manifesto setting out five ways the next government could **break this link between mental health problems and financial difficulty** — from ending aggressive debt collection practices, to making money advice available through NHS care.

I would like to [share this manifesto with you](#) and I would encourage you to adopt and support these policies if you are elected. **Doing so would make a world of difference to people in your constituency, and could even save lives.**

Kind Regards

[YOUR NAME]